



Family Music for Babies 1

Parent Guidebook



Songs and instrumentals for rocking, bouncing and dancing with your baby



Lorna Heyge
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Family Music for Babies I

Songs and instrumental music for rocking, bouncing and dancing with your baby.

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Music Notation by Scott Whitesell

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Dear Parents,

Children have an inborn love for music! We sincerely hope the activities in this collection will help you create a bond with your baby through music. Most of all, we urge you to play musically with your baby; your best guide will be your own instincts.

You will notice your baby's expression of pleasure as s/he hears your voice, then intentionally listens to your voice and starts moving in response. Your baby needs to listen to you sing, and to feel your warmth and love through the sound of your voice and the movement of your body. Baby's vocal response will come later.

We have created this recording to be a listening pleasure for the whole family! You will find a wide variety of repertoire and sounds: songs of many moods recorded on a variety of instruments; songs for bouncing, rocking, and tapping; songs in varying tonalities and meters; as well as classical music for dancing and listening. The recording was played, sung and produced by musicians of the highest quality.

Play the recording often, in your car, at bath time, and before bed; but keep in mind, your baby will most enjoy hearing **YOU** sing!

The goals for the *Family Music for Babies* experience are:

- To offer adults the opportunity to play musically, in order to best serve the baby's development in every sense, both musical and total development. Play has the added benefit of building sensory motor skills.
- To offer music and movement activities based on early childhood research related to the development of musical intelligence and neurological connections.
- To develop sensitivity, aural perception, a musical sense and a sense of beat.
- To lay the groundwork for singing and speech so that children learn to sing at the same time they learn to talk.
- To awaken the child's curiosity about music.
- To help caregivers learn traditional songs and rhymes and thus pass on our cultural tradition to a new generation.
- To give caregivers activities the whole family can enjoy all week with each other.
- To learn activities that older siblings can share with the baby; siblings learn to pass on a loving attitude through musical play.
- To give babies and caregivers opportunities to feel pleasure in listening to and making music.
- To bounce, wiggle, rock, roll, crawl and play simple instruments.

Family Music for Babies seeks to offer parents the gift of simplicity. *Family Music for Babies* is not a curriculum, but rather selected activities to enhance development through active participation in music-making.

Above all, we wish you joy with your baby.

DANCE A BABY DIDDY

Recording No. 1

Dance a ba - by did - dy, ___ What can mam - my do wid - 'e? ___

Sit in a lap, Take a wee nap, And dance a ba - by did - dy.

Vs. 2 Smile, my baby bonny;
What will time bring on 'e?
Sorrow and care;
Frowns and gray hair,
So smile, my baby bonny.

Vs. 3 Laugh, my baby beauty;
What will time do to ye?
Furrow your cheek,
Wrinkle your neck;
So laugh, my baby beauty.

Vs. 4 Dance, my baby dearie;
Mammy will never be weary;
Frolic and play,
Now while you may;
So dance my baby dearie.

Dance a Baby Diddy is a traditional song from England that is delightful for bouncing activities. Bouncing is one of the most enjoyable activities for young children. The rhythmic up-and-down movement in your arms, and later on your legs is enormously stimulating to the whole body of the child.

Be sure to add some surprises to the bouncing songs, such as lifting your baby up high, pulling your baby close to your chest for a kiss and a hug, or rolling backwards together. When you do the same actions for a song each time, your baby will start to anticipate the special action, and have increased delight in it.

Recorded by: Children, Piano, Clarinet

DID YOU EVER SEE A LASSIE?

Recording No. 2

Did you ev - er see a las - sie, a las - sie, a las - sie? Did you ev - er see a
las - sie go this way and that? Go this way and that way and this way and
that way. Did you ev - er see a las - sie go this way and that?

The musical score is written on three staves in 3/4 time. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody consists of eighth and quarter notes. The lyrics are written below the notes, with hyphens indicating syllables that span across notes. The second staff continues the melody and includes a fermata over a note. The third staff concludes the piece with a double bar line.

This wonderful rocking song is the North American version of the 17th century Austrian song, *O, du lieber Augustin*'. Its lilting rhythm invites a swaying motion, whether seated, standing or dancing through the room.

Take note of the rich sound of the string instruments in the recording.

Recorded by: Baritone, Violin, Viola, Cello, Piano

BADINAGE

Recording No. 3

Badinage is one section of an instrumental piece written for flute, harp and viola. The composer Cesar Cui (1835-1918) was a retired general of the Russian army who wrote this piece at age 80. Cui is known as a member of the famous "The Five" or "Mighty Five" composers, a group of late 19th century Russian composers who developed a national style of music. This is a period in music development when nations were becoming conscious of their indigenous heritage, attempting to find a style other than the dominant western European music.

Dance with your baby to this lovely recording. *Badinage* is played by the Trio Lyra, a Canadian chamber ensemble. They began playing together in 1978 and have developed a considerable repertoire for this special combination of instruments.

Recorded by: Flute, Harp, Viola

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Children's Choirs: Conductors Linda Beaupre and Judy Ginou
 Soprano: Celine Cooper
 Baritone: Neil Donell
 Songs arranged, conducted and produced by Howard Baer
 Recorded at Emmanuel Studios, Toronto, Ontario, Canada
 Concept: Lorna Lutz Heyge and Audrey Sillick